



GLOBAL CONGRESS COSTS & TRAVEL ARRANGEMENTS

Costs

Global Congress Only* October 12th - 16th

£520 for single room accommodation with private shower**

£500 per person sharing a twin bedded room also with private shower**

£340 – delegate non residential rate includes lunch

Leaders Congress and the Global Congress October 10th - 16th

£780 for single room accommodation with private shower**

£770 for a twin bedded room also with private shower**

£540 – delegate non residential rate includes lunch

Partner/spouses Not Attending the Congress Itself

£45 per day for your partner - a huge discount, which includes shared accommodation, breakfast (not lunch) and dinner.

*For staying at Heythrop Hall for the extra leisure dates specified or other dates before or after the Congress, please contact the hotel directly mentioning that you are part of the Rosen Method Global Congress for discounted rates.

**Price includes all meals, accommodation, use of all hotel facilities and conference activities.

Please see the Registration Form for details. The registration form is being sent as a separate Word attachment called Registration Form or you can book directly online. If you choose to pay by bank transfer, Internet or by cheque please use the Word attachment so that we can follow your registration and payment.

If you need any help email us at info@rosenmethod.co.uk so we can help you fill in the forms.

Early Registration Advised

You are encouraged to register early and to secure international flights as and when special offers come up, now may be a good time. There are many special offers for flights from companies such as Ryan Air, Easy Jet, Norwegian airlines, SAS and British Airways for European participants. It may pay off to book early for European Flights, or to make block bookings with other travellers.

Visa Requirements

There are no visa requirements for Western European Countries, The EU, and the US and Australia at the moment, but please check when you book your travel tickets.

There will be updated information on our website www.rosenmethod.co.uk and you are welcome to join our email list by writing to us on info@rosenmethod.co.uk to add your name/email to the Congress List. Then we can email you directly with any information relevant to people travelling to the Congress. Please ensure that you book your own travel insurance.

Transportation

Global Congress Address:

Heythrop Park Resort
Enstone
Chipping Norton
Oxfordshire
OX7 5UF

Telephone: +44 (0)1608 673 333 or (0)1608 673 799

To view the hotel: <http://www.heythropark.co.uk>

Email: info@heythropark.co.uk or reservations@heythropark.co.uk

Travel By Air

For people flying to the UK, there are a number of convenient international airports such as Heathrow (60 miles from Heythrop), Gatwick, Stanstead, Birmingham, Luton and Bristol; with easy transport links to Oxford by train, buses or private taxis listed which can be shared, or private car rental.

We will have a dedicated transport co-ordinator that will be able to put people in touch with one another for shared rides to and from the Congress. We also hope to have a shuttle service from Charlbury train station which is 10 minutes from the hotel, with volunteers with cars collecting passengers. For example - you can reach Charlbury directly from Heathrow airport in 1 hour and 40 minutes - but must change trains. Please fill in the section at the end of the form if you would like help with sharing rides (you can offer a ride in a hire car too), if you would like travel advice, or even the possibility of staying for a night or two with a British student before/after Congress.

Travel By Road

For those driving to Heythrop Hall please go the hotel's website and download their detailed driving directions and map, or Google for directions at www.google.com using UK post codes for the best routes to OX7 5UF.

Approximate Drive Times

- London to Heythrop 1hr 20mins
- Birmingham to Heythrop 1hr 30mins
- Bristol to Heythrop 2hr
- Nottingham to Heythrop 2hr 30mins
- Oxford to Heythrop 30mins

Transport From Airports

Arriving in the UK, you can travel easily from the London airports (Heathrow, City Airport, Gatwick and Stanstead) by train or bus service into Central London, and from there you can catch a coach or train to Oxford. You can also take a train directly to Charlbury Station, which is on the Oxford train line, and only 10 minutes from the hotel.

Train Service: train service from **Paddington Station** (Central Line/Bakerloo Tube) directly to Oxford (approx 1 ½ hours).

Taxis when in Oxford: There are two types of taxis, black cabs and private hire vehicles. There are designated taxi ranks for black cabs in Oxford, Oxford train station, or you can book a private taxi which will be cheaper. You are also able to flag down a black cab in the street. It is not legal to flag down a private hire vehicle they must be booked in advance. An estimated amount would be £35 one way for a four seated taxi (approximately 30 min transfer time from Central Oxford) – or for a minibus taking eight passengers £52 one way.

001 Taxis - 01865 240000
A.B.C Taxis - 01865 775577
Radio Taxis - 01865 242424

You could arrive in Oxford for lunch, walk around, and then either take a taxi directly to Heythrop Hall, or a smaller train to Charlbury station where you can pre book a private hire taxi to collect you, see numbers below, or come in the car of one of our volunteers.

Local Mini Cab Office: 07854 8179673 Pete, 07828 158686 Bob!

If you are confused by so many travel options once you have researched your travel on the internet please call us/email and we will try to advise you to the best of our ability!

There are many websites with information on how to get to Oxford

National Rail Enquiries 08457 484950 24 hrs www.nationalrail.co.uk

You can book train tickets in advance on networkrail www.networkrail.co.uk

Bus service from Heathrow every 30min and Gatwick to Oxford every hour
www.oxfordbus.co.uk

Local Oxford Bus operators:

- Stagecoach Oxford 01865 772250 www.stagecoach-oxford.co.uk
- Worth's Motor Services 01608 677322 www.worthscoaches.co.uk
- Oxfordshire County Traveline 01865 810405

Possibly the best travel advice about taxis, trains, buses and how to travel to and from Oxford from all major locations in the UK, and from abroad inclusive of estimated travel times is on the link below. It is also possible to book up certain travel directly from their website: www.tourinaday.com

*"Faith is a bird that feels dawn breaking - and sings while it is still dark." –
Old Scandinavian saying*