



CALL FOR PRESENTATION PROPOSALS and invitation for participation as helpers Rosen Method Global Congress IV 2010 October 12-16, 2010

‘NEW INITIATIVES’

‘Let the past inform us - then open to new possibilities’
hosted by

Rosen Institute and Rosen Method Training and Therapy Ltd, London UK

We are inviting you to send us your presentation proposals. We welcome submissions from anyone who would like to offer a workshop, roundtable, seminar, or other activity at the Global Congress. This can include Rosen Method movement classes, workshops on specific topics of interest for Rosen Method body workers and movement teachers, or discussions for panels or the large group gatherings.

Core Topics

As in other years we are forming tracks of presentations with specific themes, so that presenters and participants can pursue a range of core topics that are of vital interest to our community (some of which we have already begun to discuss and can now continue to explore), including:

- **Working with the Shadow** – exploring the way people working in healing and therapeutic professions can be challenged by 'the shadow' aspect of our work. Projecting our disowned parts of ourselves can have consequences for our lives, our clients, and our organization. We will look at why does this happen and how we can use 'the shadow' as a healthy resource to benefit and deepen our work and connections. What can we learn by looking at our own shadow and the shadow we can see in others.
- **Creativity and Rosen Method** – Exploring the ways in which creativity and Rosen Method interface we are seeking workshops and presentations which enable participants to explore and bring forth the creative process in a way that can be used in conjunction with Rosen Method. The range can include all of the visual arts – drawing, painting, photography, etc., the performing arts – singing, playing an instrument, acting, dancing, comedy, story telling, etc., and any other art form or creative process you would like to offer.
- **Psychobiology, Neurobiology, and the Emerging Sciences** – This track will include current research that is being done on Rosen Method and other somatic approaches, new understandings of the brain, how various therapies impact the nervous system and behaviour, energy medicine, and other topics related to current research and scientific exploration relevant to the Rosen Method. How to conduct your own research or study group. How can we learn more about chronic conditions such as allergies, chronic fatigue, fibromyalgia etc.

- **Complementary Disciplines** – We are very interested in inviting Rosen Method people who are also trained in other professional disciplines to offer presentations on these approaches to help expand awareness within the Rosen Method community. Topics could include Somatic Experiencing (SE), Trager, Feldenkrais, Yoga, Physical therapy, Alexander Technique, Hakomi, Reflexology, Zero Balancing, EFT, martial arts like Tai Chi, and many others. Our purpose is to seek understanding about where Rosen Method fits in the world of alternative and behavioural healthcare and somatic approaches. Greater knowledge will help us understand and communicate more skilfully with other specializations and orientations. Questions to address may include, “What are the similarities and differences between Rosen Method and the work being presented?” “How do people integrate their understanding from other disciplines into their Rosen Method private practice, movement classes, or teaching?” Is there other knowledge available to us that is useful for our practice, teaching, or understanding of Rosen Method.
- **Rosen Method and Psychotherapy** – Can we learn from current psychotherapeutic disciplines that could benefit the teaching and application of Rosen Method? What are the similarities and differences in approach between psychotherapy and Rosen Method? There are a large numbers of different psychotherapy and counselling branches such as Psychoanalytic, Jungian, Kleinian, Psychosynthesis, Group Analysis, Transpersonal, Gestalt, Person Centred therapies , to name a few. Does Rosen Method interact better with some of these approaches than others. If your client may be in need of psychotherapy to get help with some challenging inner material from a Rosen Session, which branch of psychotherapy would you recommend to suit the client’s need? Do we need psychotherapy as part of our training? A chance to find out about the benefits of different branches of psychotherapy. What works best for depression for example.
- **Ongoing Professional Development** – We are soliciting presentations on topics such as:
 - What is needed as ongoing support for practitioners and movement teachers?
 - How can we get supervisions and continue to grow our skills as a practitioner or movement teacher after certification?
 - What is the role of continuing education courses and where are they being offered?
 - How are case consultation and group supervision groups formed and managed?
 - What other ideas and options do you suggest that will support practitioners, movement teachers, and trainers to continue to grow personally and professionally?
 - Additionally, we are looking for workshops on building successful practices and earning enough income to live by doing Rosen Method as one’s primary job - or how to successfully combine earning a living from Rosen Method with another career.
 - We would like to hear from on-going experimental and support groups, what your discoveries are? This could be an experiential presentation.
- **Inner Knowing and Rosen Method** – We are asking for presentations or processes that bring attention to our interior lives. What changes in us when we grow through Rosen Method? What do we mean by 'inner knowing'? How do we

talk about his without 'turning people off', or sounding 'New Age'. Are we 'New Age?' What do we mean by the Divine and Spirituality? How can we learn to recognize 'altered states' in our client's consciousness during treatment and how do we talk about it to our clients? .

- **Anatomy Studies and Rosen Method** – there are new developments in a number of countries in how Anatomy can be taught and more linked to the practical application of Rosen Method. We would welcome presentations from Anatomy Teachers, or maybe a round table discussion regarding new developments in teaching, to inform the Global Community of different ways to integrate anatomy into our learning. How to relate anatomy and movement.
- **Hospice/Hospital/Mental Health and Rosen Method** – to work with the dying, or any other group of people who may present challenges to the practitioner and possibly not come within the 'normal' range of a 'healthy' client scenario, (not usually taught in the professional training for Rosen Method) . We would welcome presentations from interns/ practitioners that have experience in working in challenging or unusual settings, whether they have combined their Rosen Method Bodywork training and other qualifications or not, to bring Rosen Method to places such as mental health wards, hospices, cancer or specific illnesses units, to trauma care or working the mentally or physically disabled or within drug/dependency units.
- **Other modalities** – some teachers have developed their own method (other than Rosen Method). Opportunities to introduce your method experientially or by lecture/presentation.

Other Collaborations

In addition to the tracks outlined above, we are also asking for collaboration for the following presentations:

- **Rosen Method Professional Associations Leaders** – A roundtable for professional association leaders to discuss how they are supporting practitioners and movement teachers, their relationships with training centres, how they are organized and administered, what they want for the future, and how they can collaborate more actively with each other across cultures. In addition, we want to know what the practitioners associations would like communicate to the whole gathering.
- **Rosen Method Teachers** – A roundtable for the teachers to discuss how the training and development of Rosen Method is evolving. What is their perspective for the future? How do they see Rosen Method teaching changing? Is there a way to help us attract and keep more students to the training? How can career paths be developed so that more practitioners can go forward to become Supervisors and Teachers? Can we create more forums/opportunities for Rosen Method Teaching than through the traditional Practitioner Training to widen the scope and availability/viability of Rosen Training? In addition, we want to know what the teachers would like to communicate to the whole gathering.
- **Students** - you who are still training. What innovations would you like to see in the training you are receiving. What are the constrictions you face - what do you feel would benefit you?

- **Rosen Centre Leaders** – A meeting of school directors discussing their vision, the challenges they are facing, how their centres are growing, and how they can work together. Tips for each other - what have we found works, and what doesn't. How to liaise with business partners to help raise the profile of our schools and get support for our projects. Are our schools able to cope with growth - how do we take Rosen to people who may not have easy access to it and to professional people who may find it difficult to follow our training schedules. Can our current approach to training allow for new programmes? Should we promote Rosen training as being primarily for personal growth, or as a professional training from the first intensive: and does this require we change the way we structure courses?
- **Bodywork Demonstrations and Coaching** – We want to create opportunities for practitioners who would like to offer Rosen Method demonstrations in a small group environment or to offer coaching. If you would like to do a demonstration, or are willing to volunteer to be a supervisor/coach, please let us know. We are particularly interested in people from different cultures working together.
- **Request for Supervising Sessions** – if you are a Supervisor and would like to facilitate some supervision time with interns that may have difficulty in accessing supervision in their own country, can you please put your name forward. If you are an intern in need of supervision and would like to work with a supervisor, please put your name forward too.
- **Rosen Method Movement Classes** – Please let us know if you are interested in leading a Rosen Method movement class during the Global Congress. We would like to schedule at least one movement class in every workshop time period so that attendees have the option of movement available. Also, do you have ideas about how to incorporate movement and bodywork at Intensives?
- **Entertainment** – For our Thursday evening entertainment, we are inviting each country to offer a song, dance, music, stand up comedy, theatre piece or act or any other kind of entertainment that represents your culture. Or something just fun! The time frame is 5-20 minutes for each country/culture/act. Please let us know what you would like to do. Please also put forward your suggestion for Friday night.

'Inspiration may be a form of superconsciousness, or perhaps of subconsciousness - I wouldn't know. But I am sure it is the antithesis of self-consciousness.' -- Aaron Copland

How to Submit your Presentation Proposal

To submit your presentation proposal, please send it by April 20th, 2010 via email in English to: Global Congress Organizing Committee
Attention: John Clapham. Email: johnclaphamuk@btinternet.com and send a copy to info@rosenmethod.co.uk. We aim to let you know by 10th June 2010 if your proposal can be accommodated.

For workshops and presentations, please include:

- Name
- Email address
- Phone number including country code
- State whether you are a Rosen Method Student, Intern, Practitioner, Movement Teacher, Bodywork Teacher, School Owner, or Board of Directors member
- Title of Presentation or Workshop
- Description of the proposed presentation – one page maximum length
- Amount of time needed (Range is 1 hour to 2 hours)
- Physical space/resources needed – do you need a movement room, a bodywork table, a meditation space, audio/visual equipment, etc.?
- What language will you be speaking in – will you need to provide translation to English?

For bodywork demonstrations, movement classes, and entertainment, include:

- Name
- Email address
- Phone number including country code
- State whether you are a Rosen Method Student, Intern, Practitioner, Movement Teacher, Bodywork Teacher, School Owner, or Board of Directors member
- What you are offering – demonstration, movement class, or Friday evening entertainment. If it is entertainment, please write what you or your group is planning to do and any equipment you will need and the length of time for your act.

Additional Helpers

The United Kingdom School is still relatively small, and we welcome assistance from anyone from any country who would like to help the Congress to run smoothly. Please let us know if you would like to assist with some of the following - for at least part of the time of the Congress as well as for the Leaders Conference; or if you would like to promote the Congress beforehand in your own Country.

- **Workshop Room Stewards** – to assist the workshop presenter/movement teacher/round table event to ensure that they have the equipment they need or to help with any other issue that might occur.
- **Supervision/ Individual Exchange Session/Coaching or Demonstration Groups Coordinator** – to book/schedule times in the allocated area and maintain the upkeep of the space and timetable.

- **Shop Assistants** – to sell books , DVD's , T shirts, mugs, gifts etc for the Global Congress Participants during certain times of the day/early evening.
- **Welcome Staff** – to welcome and register the participants upon arrival and show them to their rooms and help with any issues that the new arrivals might have. This is needed for Sunday afternoon for the Leaders Conference (2-6.30pm) as well as for Tuesday afternoon for the Global Congress Opening (2-6.30pm). To ensure tired travellers can get to their rooms as soon as they can or to direct them to the pool!
- **Silent Auction Co-ordinator** – to be responsible for the auction items, display and final payment to the Marion Rosen Legacy Fund. Helper to assist main co-ordinator. Does not need to be silent her or himself though!
- **Thursday Night Event Manager and Assistant Events Manager and helpers** – to plan/co-ordinate the acts and performances for the Thursday Night entertainment named 'Acting Out – what you cannot do on the Rosen Method Bodywork table you can do here!'
- **Technicians - anyone with technical skills to assist with the P.A , microphone, or help with the film clips from the film project.**

Office Manager and Assistant – we need someone who can help to make late changes to the workshop schedule and planning and to distribute those, to photocopy or type documents out if needed throughout the event – can be part-time, full-time or job share! Position would suit someone nimble fingered, accurate and neat that can type and has a sense of humour – and can cope during stress!

- **Welfare Officer** – to ensure the smooth participation in the event for the Congress delegates and offer advice if someone gets sick, doctors, hospitals, emergency care, dentists etc. and to give advice where ever possible about local services if needed. This person will need to be available around the clock and will carry a mobile phone for emergencies. Can be a job-share and perfect for someone with first aid certification – although not necessary!
- **Transport volunteers** – with cars to collect travellers arriving at Charlbury station.

Please apply in writing to the above positions to info@rosenmethod.co.uk to let us know how much you can help us (full-time, part-time or specific hours) and put your:

- Name
- Country
- Contact telephone
- Email address, and
- Whether you can be available for the Global Congress only or for the Leaders Conference too.

The current plan is for presentations to be selected and a full program announced in the middle of June 2010. You are encouraged to be creative and innovative, to bring the best you have to offer to share with your colleagues and peers from around the world.

"Let us not look back in anger or forward in fear but around in awareness"